

THE DEATH OF SPIRIT AIRLINES

By Danny Jones

UNITED STATES—I couldn't believe it when I heard over the weekend that Spirit Airlines is no more. I mean a major airline has just gone kaput with the snap of a finger. That has to be scary, but for so many Americans it seems to not be that big of an issue which concerns me greatly.

Why? You have one of the most budget friendly airlines (it does depend on who you ask), that is no longer around. One less airline is never a good thing for the consumer, when the costs to fly is already skyrocketing at extreme rates. Those other airlines could increase their costs as well; there is no more Spirit around to combat that. I have flown Spirit Airlines many times before, and while not the airline of luxury, it gets you where you need to go, which is something that is always important to me.

My goal whenever I fly is to get to A to B safely. The costs to fly is already high, so I don't need the extra luxuries that comes with it. I don't care about having snacks, a drink, etc. Simply purchase those items after you go thru the TSA check. Why? You will have the things you need.

I feel sorry for the people who purchased tickets with Spirit Airlines and had no idea that they have to seek an alternative route to get to and from their destination with little to no notice. Not only does it create a massive hiccup in your travel plans, but you are also likely



Photo courtesy of Forsaken Films.

spending more money for another flight that you did not expect to be spending at all.

The economy is not great right now when you have fuel costs as high as they are, and a company that has been around for close to 40 years vanishes into thin air. It makes you wonder if other airlines could potentially follow suit? I mean we have and we are already seeing it with many retailers that are going out of business left and right. Just last month, Eddie Bauer closed all of its retail shops in the United States.

You can't go into the store anymore. If you want to purchase something you have to do it online. Neiman Marcus and Saks Fifth Avenue is struggling and closing stores, I can just keep talking about retailers that have shuttered or are on the verge of closing, so to see an airline like Spirit end operations so suddenly and with little to no notice means no business is safe.

There was a lot of people lost at airports on Saturday, May 2 with the news about Spirit Airlines. They were planning to fly home or travel to a destination. Airports

were telling people, not to come to the airport if they had flights courtesy of Spirit Airlines. Not to mention, people paid for flights far in advance and those have gone up in smoke.

What people are not talking about is all the jobs that are now lost because this airline is no longer in business. Tons of flight attendants, pilots, customer service reps and so many others are out of work, thousands to be exact and what about them? That's another hit on the economy, and sorry to say that is not a good thing.

I LOVE A GOOD BREAKFAST

By Jason Jones

UNITED STATES—I hate to admit this, but if I have a favorite meal, it has to be breakfast. Why? You have so many options. You can go savory or you can go sweet. I tend to go savory, but I do go at least once a week, in particular Saturdays for sweet. I love pancakes and there is so much variety you can do with them. Waffles, not a fan people. Will I eat waffles? Yes, but I think it has to be a texture thing that just doesn't mesh well with me.

With that said, I love breakfast because it is a great way to start the day. It is your fuel and it gives you plenty of energy to kick off the day. When I was younger, I wasn't always the biggest proponent of eating breakfast. For me it would be something super quick and fast. For example, a pop tart, a granola bar, a yogurt or a bagel with cream cheese. I'm such a stickler for bagels, I love a great pretzel bagel, or how about everything, honey whole wheat, potato, blueberry, Dutch apple or how about the classic plain bagel.

If you're wondering where some of these flavors are popping up from its a direct result of eating bagels from Einstein



Photo courtesy of Rachel Park.

Bagels, which is known for its plethora of varieties. Toasted just perfectly with the right schmear you can never go wrong America. With that said, fruit is a staple for almost any breakfast I consume. Rather it is a banana, orange, apple, strawberries or blueberries I find a way to incorporate them.

In addition, my breakfast might be

hearty. Why? Not only am I hungry, but a lot of the times I don't always eat lunch. Why? I get too invested in work, so much to the point that I just forget about it. I don't like things unfinished when it comes to my job. When things are finished it puts me at ease which I need in my life. Added stress is never necessary or a good thing.

I'm a sucker for eggs. No, I don't eat boiled eggs, I like scrambled eggs with cheese. I must have cheese and there is no other option for me. Not to mention eggs are a source of protein people. I love a good omelette because what you put in it is your decision, and when it comes to protein, if I'm not eating an egg, I tend to utilize a sausage patty. I love a hot pork sausage, and while I can eat bacon, it is not my favorite protein because it can be quite salty sometimes.

Grits, I love a bowl of grits or a bowl of oatmeal with some honey and fruit. I guess the point I'm trying to get across is you have endless options when it comes to breakfast. If you love cereal you can indulge in that, or if you have that serious sweet tooth you can go for pastry items like donuts, Danishes, muffins or even croissants that may be stuffed with chocolate or almond paste.

The key is please don't forget to have breakfast. Even if you are running low on time, that is no reason to skip eating to get your fuel going, you will not regret it.